

# UST's Larson, GAC's Carroll lead Women's Hockey Awards

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BLOOMINGTON, Minn. – The Minnesota Intercollegiate Athletic Conference (MIAC) announced the well-deserved recipients of its 2017 MIAC Women's Hockey Awards Thursday, and the top winners certainly aren't strangers to success in the conference.

St. Thomas star senior forward Kathryn Larson was named the MIAC Women's Hockey Player-of-the-Year for the second-straight season, and Gustavus Head Coach Mike Carroll was voted MIAC Women's Hockey Coach-of-the-Year by his peers for the seventh time in his standout career. The MIAC's All-Conference, Honorable Mention, All-Rookie and All-Sportsmanship teams were also announced.

Hamline University senior defender Jaci Reinke was named the winner of the 2016-17 MIAC Sheila Brown Award, which was announced separately on March 10.

Larson's repeat Player-of-the-Year selection came again in recognition of her breathtaking playmaking skills, as she led St. Thomas to an 11-10-4 overall record and a 9-5-4 record (22 points) in the MIAC, good for a fourth-place finish and a chance to host a MIAC Playoff game, as the fourth-seeded Tommies will take on No. 5 Hamline Friday night. In addition, Larson headlined the MIAC All-Conference team – her third-straight selection after earning All-Rookie team honors in 2014.

The UST senior star finished in the top three in the conference each of the three major statistical categories this season, both overall and in conference play. In MIAC games, Larson led the league in points (25) and goals (13) and finished with the second-most assists (12). She had 30 points overall to lead the league as well, while her 15 overall assists ranked second and 15 goals ranked third. Her impact was also reflected in her plus-13 rating in overall games, and plus-12 mark in MIAC contests.

Carroll is certainly no stranger to MIAC hardware as well, as he was named the league's top coach for the seventh time after he guided the Gusties to the MIAC's regular-season title. The Gustavus coach also won the honor in 2001-02, three-straight times from 2003-04 to 2005-06, and again in 2010-11 and 2012-13. His latest MIAC title team finished the regular season with a 17-5-3 overall record and an outstanding 13-2-3 MIAC record (29 points).

The Gusties' MIAC title is the program's 14th overall and Carroll's club has now won 11 of the last 13 conference championships. Gustavus is the MIAC Playoffs' No. 1 seed and will enjoy home-ice advantage throughout, starting with a semifinal game against the No. 4/5 winner Saturday at 2 p.m in St. Peter, Minn. This season, Carroll coached three players to All-MIAC honors and another three that received Honorable Mention.

In addition to Larson, Gustavus forward Erica Power also earned her third-straight All-MIAC selection, and she'll look to make it a clean 4-for-4 sweep when she returns for her senior season in 2017-18. St. Olaf's Hannah Forliti, Saint Benedict's Elli Marvin and Augsburg's Callen Naasz were all named All-Conference for the second-straight season.

St. Thomas led the MIAC with four All-Conference selections in 2016-17, while Gustavus, Augsburg and Concordia had three players honored each. Hamline and St. Catherine each had two All-MIAC players, and Bethel, St. Olaf and Saint Benedict had one player honored apiece. The 2016-17 All-MIAC team included nine seniors, five juniors, five sophomores and one first-year player.

As part of a conference-wide sportsmanship initiative, the MIAC also announced the 11th annual All-MIAC Sportsmanship team for women's hockey. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.



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## 2016-17 MIAC Women's Hockey Awards

**Player-of-the-Year** - Kathryn Larson, St. Thomas (Sr., Forward, Shoreview, Minn. / Mounds View)

**Coach-of-the-Year** - Mike Carroll, Gustavus

**Sheila Brown Award** - Jaci Reinke, Hamline (Sr., Defender, Waconia, Minn.)

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## 2016-17 MIAC Women's Hockey All-Conference Team

<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>	<b><u>Hometown/High School</u></b>
Allie Borgstrom	St. Thomas	Jr.	Defender	Lindstrom, Minn. / Chisago Lakes
Demi Cooper	St. Thomas	So.	Defender	Mendota Heights, Minn. / Henry Sibley
Amanda DiNella	Gustavus	So.	Goalie	Oakbrook Terrace, Ill. / Willowbrook
Darby Dodds	Hamline	Jr.	Forward	Byron, Minn. / Dodge County
Hannah Forliti	St. Olaf	Sr.	Defender	Shoreview, Minn. / Cretin-Derham Hall
Danielle Heitkamp	Augsburg	Sr.	Defender	Bismarck, N.D. / Grand Rapids (Minn.)
Kaitlyn Klein	Gustavus	Jr.	Forward	Plymouth, Minn. / Wayzata
Andrea Klug	Concordia	Sr.	Goalie	West Fargo, N.D.
Kathryn Larson	St. Thomas	Sr.	Forward	Shoreview, Minn. / Mounds View
Elli Marvin	Saint Benedict	Sr.	Forward	Shoreview, Minn. / Mounds View
Callen Naasz	Augsburg	Sr.	Forward	Lakeville, Minn. / South
Jess Nelson	Concordia	Sr.	Forward	Waukesha, Wis.
Erica Power	Gustavus	Jr.	Forward	Lakeville, Minn. / Apple Valley
Ellen Rethwisch	Concordia	Sr.	Forward	Plymouth, Minn. / Wayzata
Wendy Roberts	Bethel	Jr.	Forward	Grantsburg, Wis.
Leah Schwartzman	St. Thomas	So.	Forward	Hopkins, Minn. / Breck
Bre Simon	Hamline	Fy.	Forward	Elk River, Minn.
Jordan Solheim	St. Catherine	Sr.	Forward	Theif River Falls, Minn.
Tori Thompson	St. Catherine	So.	Defender	Rochester, Minn. / John Marshall
Valerie Whichello	Augsburg	So.	Defender	Woodbury, Minn. / East Ridge

### 2016-17 MIAC Women's Hockey All-Rookie Team

<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>	<b><u>Hometown/High School</u></b>
Amanda Flemming	Concordia	Fy.	Forward	Sartell, Minn.
Annie Juergens	Hamline	Fy.	Goalie	Lino Lakes, Minn. / Centennial
Sarah Moy	Bethel	Fy.	Forward	Hugo, Minn. / White Bear Lake
Natalie Ryan	Saint Mary's	Fy.	Defender	Village of Lakewood, Ill. / Chigago Young Americans
Bre Simon	Hamline	Fy.	Forward	Elk River, Minn.
Anna Williams	St. Thomas	Fy.	Defender	Hastings, Minn.

### 2016-17 MIAC Women's Hockey All-Conference Honorable Mention

<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>	<b><u>Hometown/High School</u></b>
Sarina Goos	Bethel	So.	Forward	Roseau, Minn.
Emily Gustafson	Gustavus	Sr.	Forward	Esko, Minn. / Cloquet
Jamie Henderson	Saint Mary's	Jr.	Forward	Madison, Wis.
Laura Johnson	Gustavus	Jr.	Defender	Chanhasen, Minn.
Allie Lewis	Gustavus	Sr.	Forward	Kearnery, Neb. / Shattuck-Saint Mary's
Darby Lindgren	Augsburg	Sr.	Forward	Lakeville, Minn. / Shattuck-St.Mary's
Kristen Pechacek	St. Catherine	Jr.	Goalie	Park Falls, Wis. / Chequamegon
Chelsey Petrich	Concordia	Sr.	Defender	Elk River, Minn.
Jaci Reinke	Hamline	Sr.	Defender	Waconia, Minn.
Natalie Simons	Bethel	Jr.	Defender	Hastings, Minn.
Rebecca Sonnek	Augsburg	Jr.	Goalie	Edina, Minn.
Jane Vezina	St. Olaf	Jr.	Forward	Stillwater, Minn.

### 2016-17 Women's Hockey All-MIAC Sportsmanship Team

Augsburg – Megan Johnson (So., Madison, Wis.)  
 Bethel – Karly Vohden (Sr., Fairbanks, Alaska)  
 Concordia – Jessie Kongelf (Sr., Minot, N.D.)  
 Gustavus – Diana Draayer (Jr., Deephaven, Minn.)  
 Hamline – Jessica Goldberg (Sr., Mendota Heights, Minn.)  
 Saint Benedict – Katie Cristan (Sr., Shoreview, Minn.)  
 St. Catherine – Cassie Thomas (Sr., Northfield, Minn.)

Saint Mary's – Taylor Pogreba (Sr., St. Paul, Minn.)  
St. Olaf – Karma Knutson (Sr., Bloomington, Minn.)  
St. Thomas – Hannah Bird (Sr., Hartland, Wis.)

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[MIAC Women's Hockey Home Page](#)